

# Ephesians 6: 10-20

*Be Ready*

# Ephesians 6:10

Finally, be strengthened  
by the Lord and his  
powerful strength.

*Be Ready*

# Ephesians 6:11

**Put on God's armor so that you can make a stand against the tricks of the devil.**

*Be Ready*

# Ephesians 6:12

**We aren't fighting against human enemies but against rulers, authorities, forces of cosmic darkness,**

*Be Ready*

# Ephesians 6:12

continued

and spiritual powers of  
evil in the heavens.

*Be Ready*

# Ephesians 6:13

Therefore, pick up the full armor of God so that you can stand your ground on the evil day

*Be Ready*

# Ephesians 6:13

continued

and after you have done  
everything possible to  
still stand.

*Be Ready*

# Ephesians 6:14

**So stand with the belt of truth around your waist, justice as your breastplate,**

*Be Ready*



# Ephesians 6:15

and put shoes on your feet so that you are ready to spread the good news of peace.

*Be Ready*

# Ephesians 6:16

**Above all, carry the shield of faith so that you can extinguish the flaming arrows of the evil one.**

*Be Ready*

# Ephesians 6:17

**Take the helmet of  
salvation and the  
sword of the Spirit,  
which is God's word.**

*Be Ready*

# Ephesians 6:18

**Offer prayers and  
petitions in the Spirit  
all the time.**

*Be Ready*

# Ephesians 6:18

continued

**Stay alert by hanging in there and praying for all believers.**

*Be Ready*

# Ephesians 6:19

**As for me, pray that when  
I open my mouth,**

*Be Ready*

# Ephesians 6:19

continued

I'll get a message that confidently makes this secret plan of the gospel known.

*Be Ready*

# Ephesians 6:20

I'm an ambassador in chains for the sake of the gospel.

*Be Ready*



# Ephesians 6:20

continued

Pray so that the Lord  
will give me the  
confidence to say  
what I have to say.

*Be Ready*

**Glenwood United Methodist Church**

*Be Ready*

**Pastor Leo A. Cunningham**  
August 26, 2018



# A Return to Ephesus

*Be Ready*

# Paul's Images

*Be Ready*

# Living in Two Worlds

*Be Ready*

# Paul's Images

A close-up photograph of a medieval metal helmet, likely made of steel or iron, resting on a stone ledge. The helmet features a prominent circular ventilation grille with a honeycomb pattern. A black leather strap is attached to the side. In the background, a brown leather saddle pad is visible, suggesting a horse-riding or military context. The scene is set outdoors with a stone wall and a blurred background.

*Be Ready*

# Ephesians 6:13

Therefore, pick up the full armor of God so that you can stand your ground on the evil day

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# Ephesians 6:13

continued

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everything possible to  
still stand.

*Be Ready*



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**Above all, carry the shield of faith so that you can extinguish the flaming arrows of the evil one.**

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# Ephesians 6:17

**Take the helmet of salvation and the sword of the Spirit, which is God's word.**

*Be Ready*

# Ancients Mysticism

*Be Ready*

# Ephesians 6:10

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by the Lord and his  
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# Ephesians 6:12

continued

and spiritual powers of  
evil in the heavens.

*Be Ready*

A person wearing a white protective suit and a respirator mask is working in a rubble-filled area. The person is leaning over, possibly inspecting or working on the ground. The background shows a large pile of debris and a brick wall. The overall scene suggests a disaster recovery or emergency response situation.

# Taking An Inventory of The Equipment

*Be Ready*

A person wearing a helmet and tactical gear is shown in a rubble-filled environment. The person is looking down, and their gear includes a helmet with a circular vent and a microphone. The background is filled with debris and damaged structures, suggesting a conflict zone or a disaster site.

# How Many Items Are For Defense?

*Be Ready*

A detailed medieval helmet with a circular grille on the side and a sword hilt attached, resting on a stone ledge. The helmet is made of polished metal and shows signs of wear. The background is a blurred stone wall.

5

*Be Ready*

A knight's helmet and sword are resting on a stone ledge. The helmet is silver and has a visor. The sword is black and has a silver hilt. The background is a stone wall.

# **Belt Of Truth**

**A belt holds things up and  
items hang on the belt.**

*Be Ready*

A close-up photograph of a metal helmet, likely from a medieval or fantasy setting, resting on a stone surface. The helmet has a prominent plume on top and a circular ventilation or viewing port on the front. The background is blurred, showing a stone wall and some foliage.

# **Belt of Truth**

**A truth holds things up and  
items hang on the truth.**

*Be Ready*



# **Breast Plate Of Justice**

**Breastplate covers the  
organs, especially the  
heart and lungs.**

*Be Ready*



# **Breast Plate Of Justice**

**Justice covers the organs,  
especially the heart and  
lungs from injustice.**

*Be Ready*



A firefighter in full gear, including a helmet and a breastplate, is shown in a rubble-strewn area. The firefighter is wearing a white helmet and a white breastplate. The background is a blurred scene of destruction with debris and smoke.

# **Breast Plate Of Justice**

**Justice covers the organs,  
especially the heart and  
lungs from injustice.**

*Be Ready*

A person is riding a motorcycle on a rocky, uneven path. The motorcycle is a dual-sport or adventure bike, with a large headlight and a protective fairing. The rider is wearing a helmet and a jacket. The background is slightly blurred, showing more of the rocky terrain and some vegetation.

# **Shoes To Travel To Share The Good News Of Peace**

**Shoes help you stand and  
move easy.**

*Be Ready*

A person wearing a helmet is riding a motorcycle through a rubble-strewn area. The motorcycle is in the foreground, and the rider is in the background. The scene is filled with debris and destruction, suggesting a post-war or conflict zone. The text is overlaid on a semi-transparent white box.

**Shoes To Travel To  
Share The Good  
News Of Peace**

**Peace Can Help You Stand  
And Move Easy**

*Be Ready*

# **Shield of Faith**

**Shield is attached while being mobile. It is one of the first lines of defense. It can be used for blocking.**


*Be Ready*

# **Shield Of Faith**

**Faith is connected to us,  
while being mobile.**

**We take our faith with us. It  
is one of the first lines of  
defense. It can be used for  
blocking.**

*Be Ready*



# **Helmet of Salvation**

**A helmet is used to protect the head. The head controls the body.**

*Be Ready*

# **Helmet of Salvation**

**A salvation is used to protect the mind. The head controls the body. Thus salvation saves the body.**

*Be Ready*



# How Many Items Are For Offense?

*Be Ready*





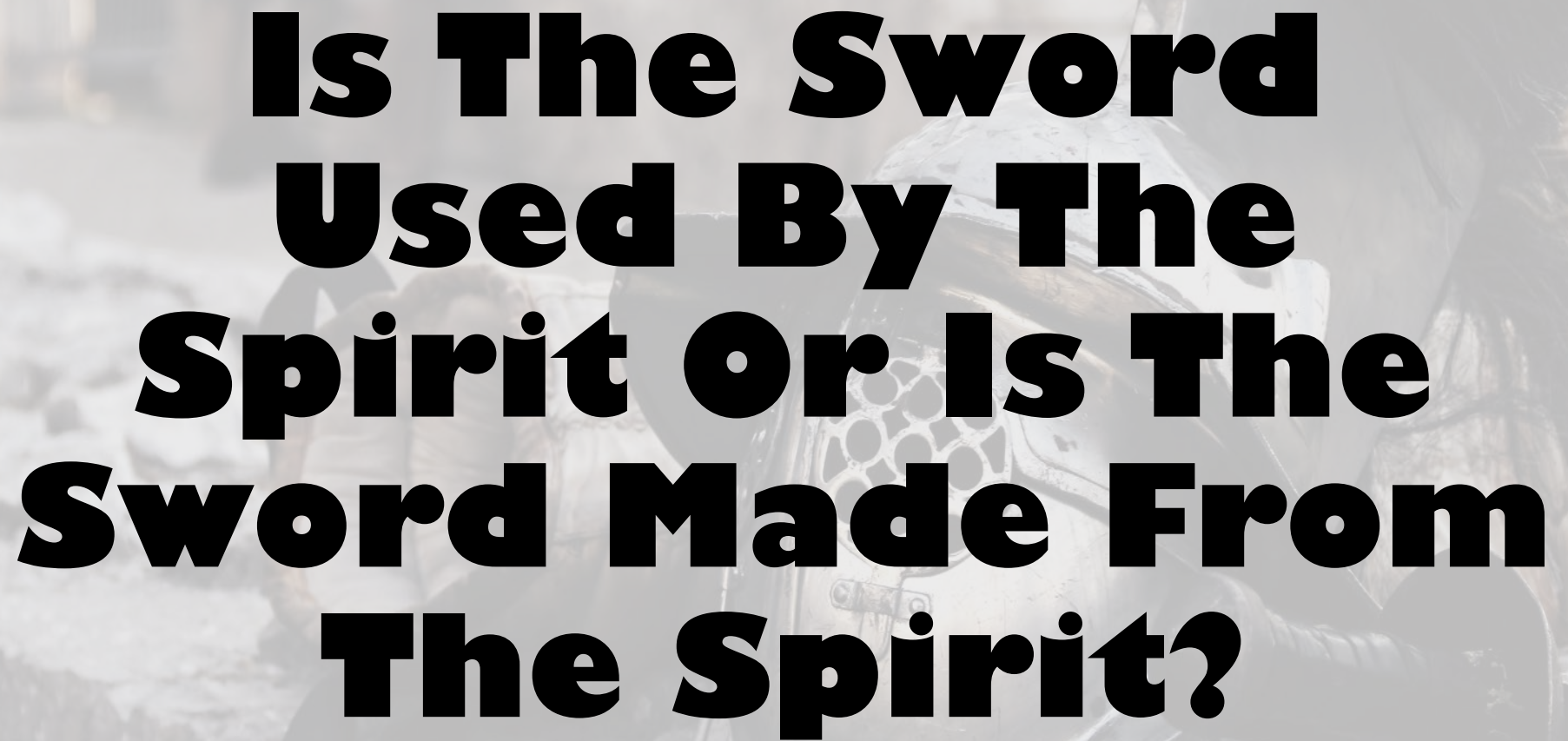
*Be Ready*



# **Sword of The Spirit (The Word of God)**

**Sword is used to cut, chop,  
slash, thrust, block, disarm.**

*Be Ready*

A person wearing a dark, textured, possibly leather or fabric outfit is shown from the chest up, holding a sword. The person's face is partially visible, showing a dark, textured mask or helmet. The background is a stone wall with some architectural details. The overall scene is dimly lit, suggesting an outdoor or semi-outdoor setting.

**Is The Sword  
Used By The  
Spirit Or Is The  
Sword Made From  
The Spirit?**

*Be Ready*

A medieval helmet with a plume lies on a stone ledge. The helmet is made of metal and has a large, dark plume on top. It is positioned in the foreground, with a stone wall and a blurred background of a stone building. The text "Both (Sort of)" is overlaid on the helmet in a bold, black font. The text "Be Ready" is written in a red, cursive font at the bottom right of the image.

**Both  
(Sort of)**

*Be Ready*



**The Sword Is  
Used By The  
Spirit And It  
Is Made From  
The Spirit**


*Be Ready*

A person wearing a dark, metallic helmet with a crest and a white tunic is shown from the chest up. They are holding a sword, which is resting on the ground in front of them. The background is a blurred stone wall. The text is overlaid on a semi-transparent white box.

# **According To Paul...**

**The Sword of the Spirit is  
“the word of God.”**

*Be Ready*



**What Could Be  
The “Word Of  
God” In The  
Context Of  
Paul’s World?**

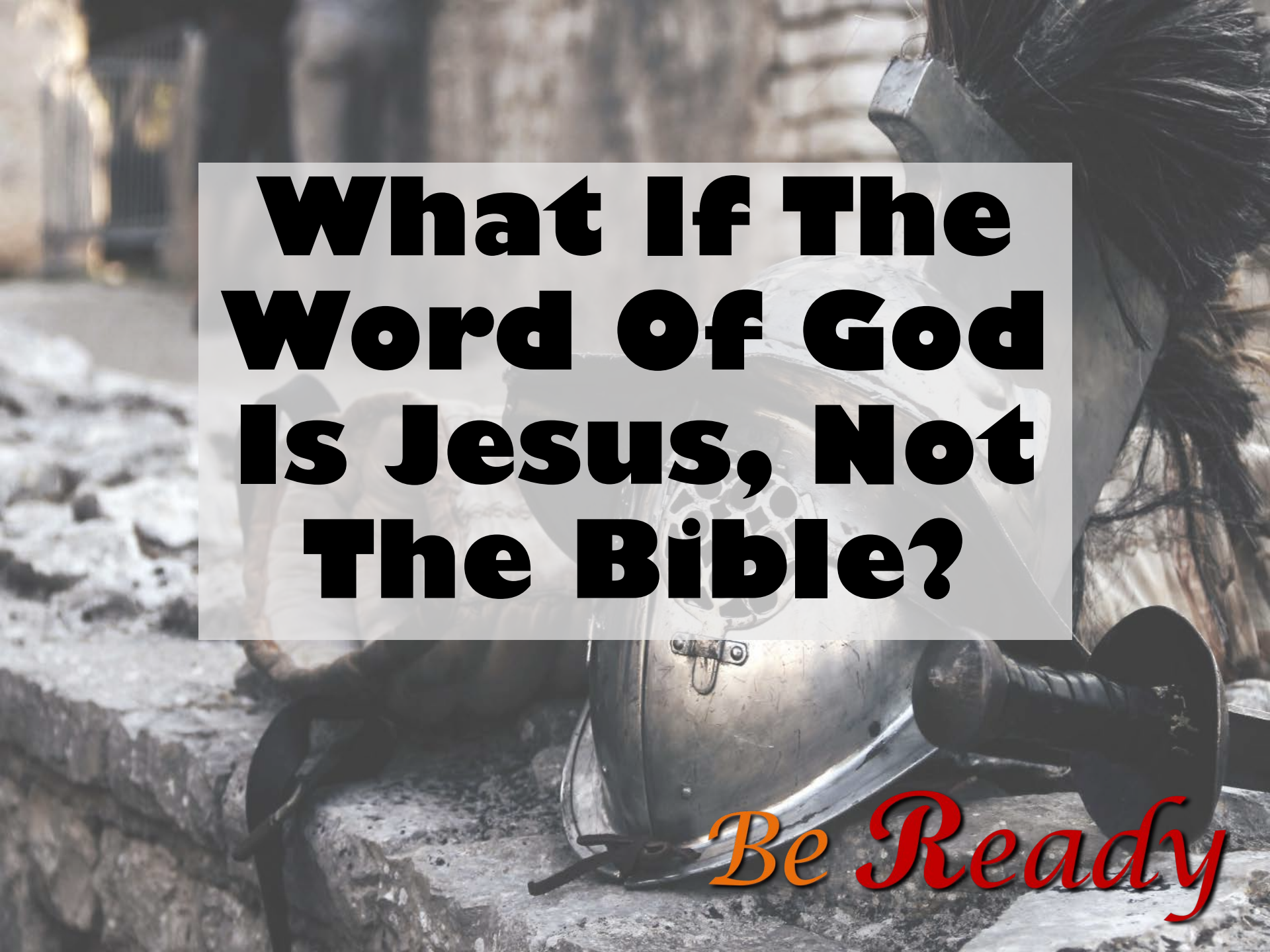
*Be Ready*

A close-up photograph of a medieval knight's helmet and sword resting on a stone ledge. The helmet is made of polished metal with a visor and a crest. The sword has a dark hilt and a scabbard. The background is a blurred stone wall.

**What is the  
“Word of God”?**

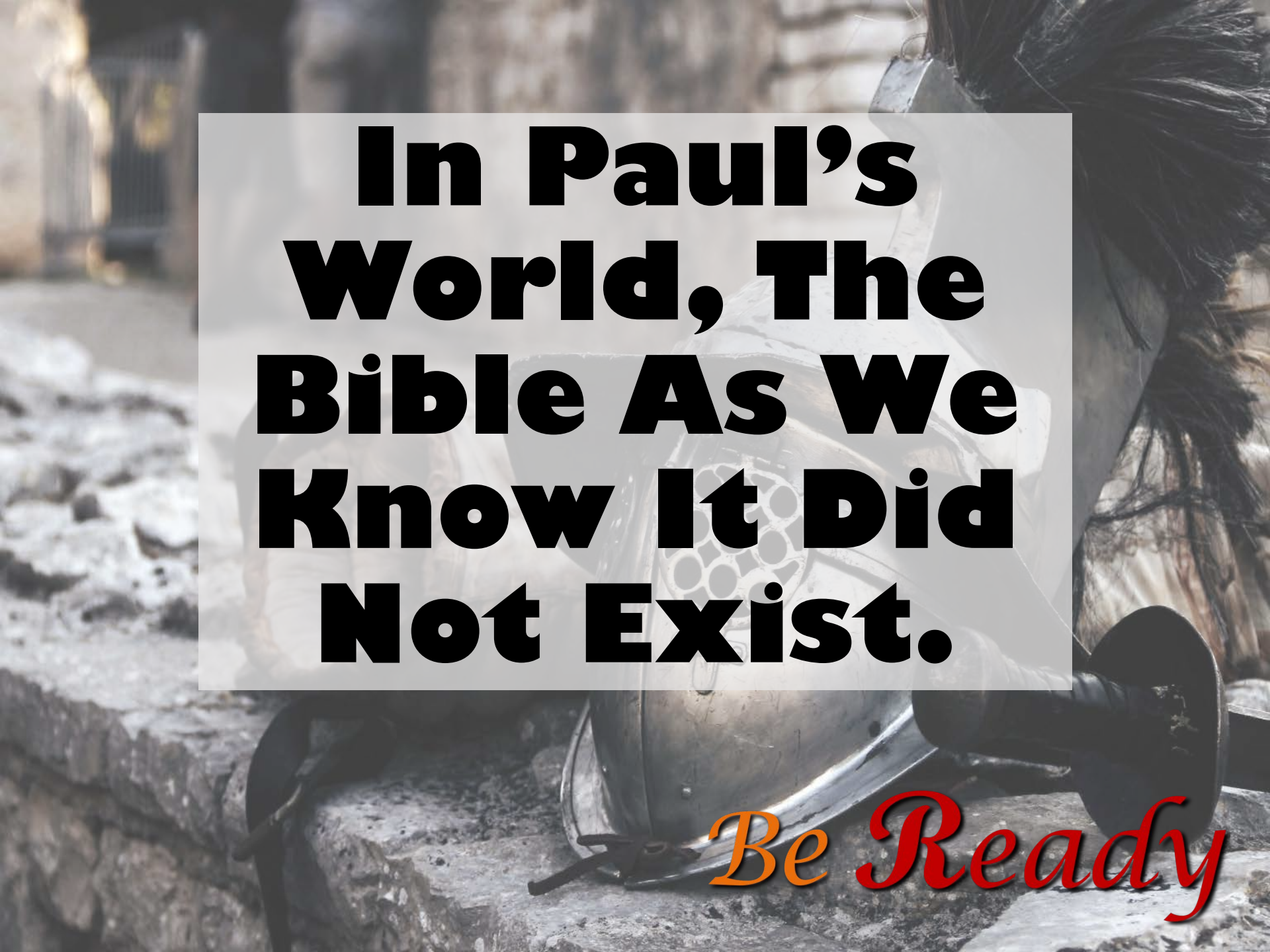
*Be Ready*



A knight in full plate armor is kneeling on a stone wall, with his hands clasped in prayer. The background is a blurred stone wall. The text is overlaid on a semi-transparent grey box in the center.

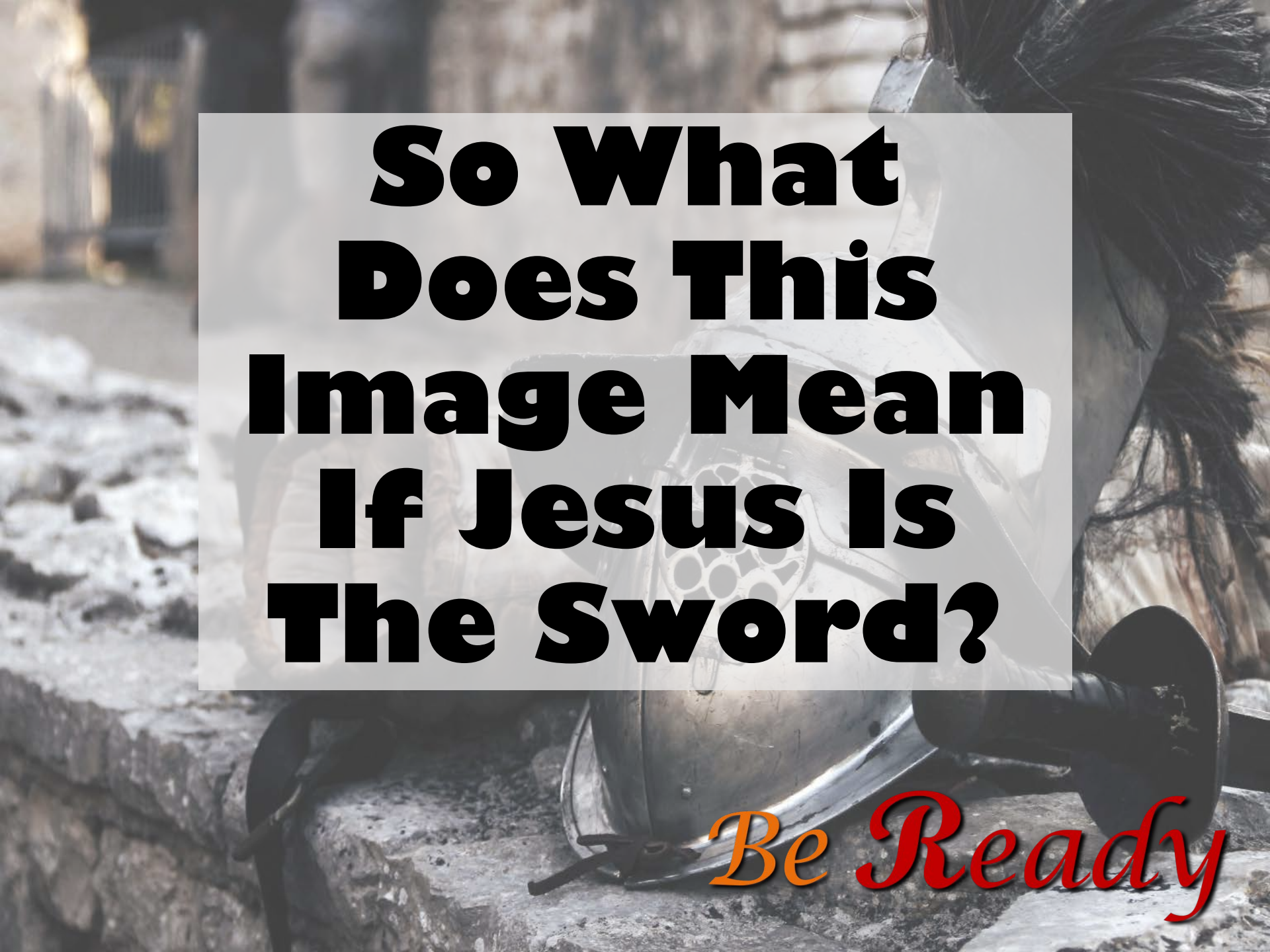
**What If The  
Word Of God  
Is Jesus, Not  
The Bible?**

*Be Ready*



**In Paul's  
World, The  
Bible As We  
Know It Did  
Not Exist.**

*Be Ready*

A knight in full plate armor is kneeling on a stone ledge. The knight's right hand is on a sword hilt, and their left hand is on a shield. The background is a blurred stone wall. The text is overlaid on a semi-transparent grey box in the center.

**So What  
Does This  
Image Mean  
If Jesus Is  
The Sword?**

*Be Ready*

# Ephesians 6:17

**Take the helmet of  
salvation and the  
sword of the Spirit,  
which is God's word.**

*Be Ready*



# **Sword of The Spirit (The Word of God)**

**Sword is used to cut, chop,  
slash, thrust, block, disarm.**

*Be Ready*



# **Sword Of The Spirit (The Word Of God)**

**Jesus came to cut, chop, slash, thrust, block and disarm sin and death.**

*Be Ready*

# Ephesians 6:11

**Put on God's armor so that you can make a stand against the tricks of the devil.**

*Be Ready*

# Ephesians 6:12

**We aren't fighting against human enemies but against rulers, authorities, forces of cosmic darkness,**

*Be Ready*



# Ephesians 6:12

continued

and spiritual powers of  
evil in the heavens.

*Be Ready*

A knight's helmet and sword are shown in a close-up, resting on a stone ledge. The helmet is metallic and has a visor. The sword is partially visible, with a black hilt. The background is a blurred stone wall.

**Breathe...**  
**It's okay.**

*Be Ready*



# **What Else Is Paul Trying To Say?**

*Be Ready*



**We Need To  
Be Ready To  
Battle When  
The Attacks  
Happen.**

*Be Ready*



**We Need To Be  
Ready To Stand  
Together When  
The Attacks  
Happen.**

*Be Ready*



**We Need To  
Stay Alert  
And Be  
Ready.**

*Be Ready*



**We Need To Be  
Ready To Pray  
Together When  
The Attacks  
Happen.**

*Be Ready*

# So What?

A close-up photograph of a medieval metal helmet, likely made of steel or iron, resting on a stone ledge. The helmet features a prominent circular ventilation grille with a honeycomb pattern. To the right, the hilt of a sword is visible, showing a dark, textured grip. In the background, a leather saddle pad is draped over a stone wall. The overall scene is set outdoors, with a stone wall and some foliage visible in the distance.

*Be Ready*





# How Can We Be Ready Individually?

*Be Ready*

# Individual Means of Grace

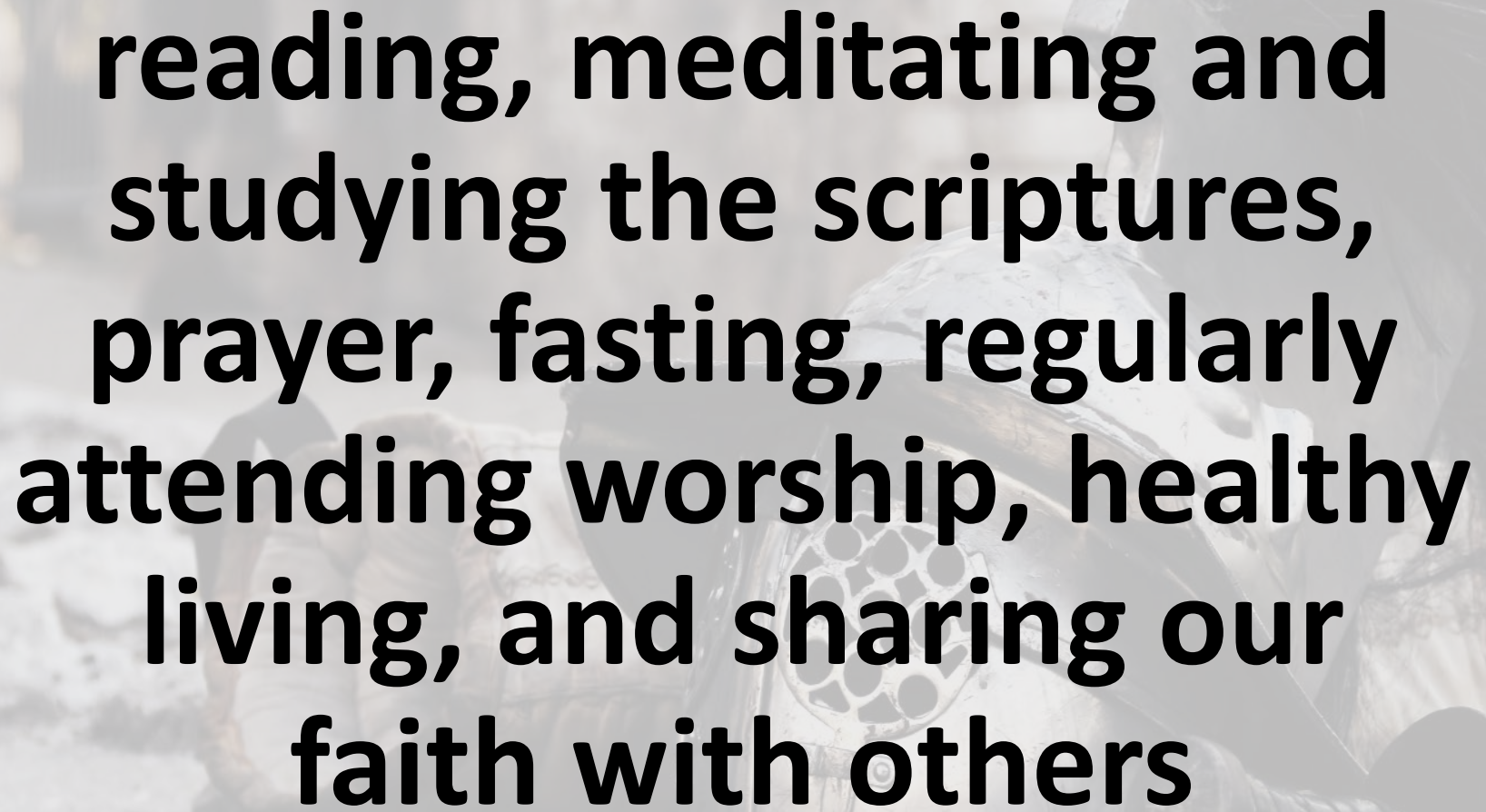
A close-up photograph of a medieval metal helmet, likely made of steel or iron, resting on a stone ledge. The helmet features a prominent circular ventilation grille with a honeycomb pattern. A leather saddlebag is visible in the background, suggesting a warrior's gear. The scene is set outdoors, with a stone wall and a horse's leg visible in the background.

*Be Ready*

A knight's helmet with a circular grille and a sword with a black hilt are resting on a stone wall. The helmet is in the foreground, and the sword is to its right. The background is a blurred stone wall.

# Individual Works of Piety

*Be Ready*

A knight in full plate armor is kneeling on a stone surface. The knight's armor is highly detailed, showing various plates and joints. A sword is resting on the ground in front of the knight. The background is a blurred stone wall.

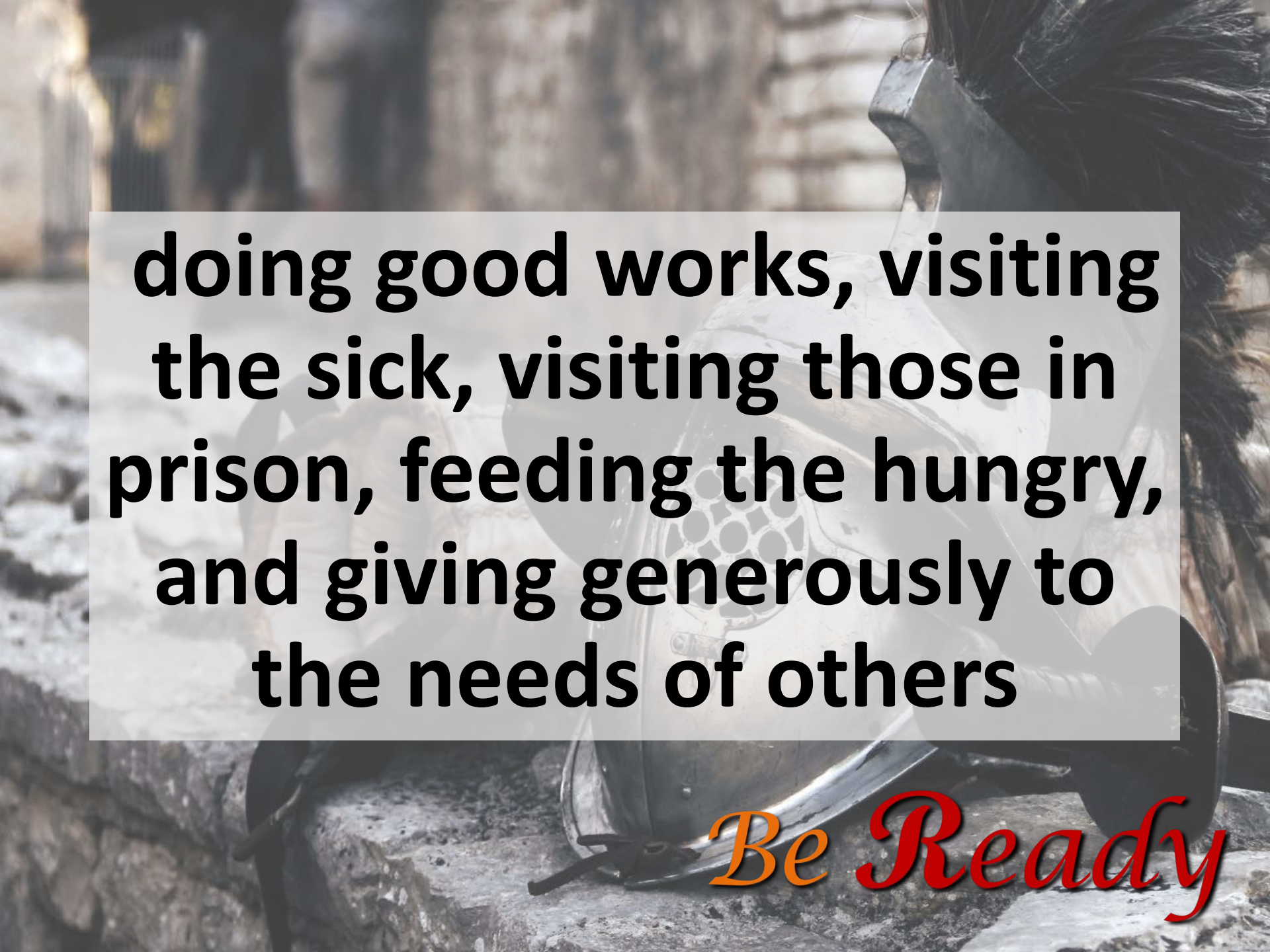
**reading, meditating and  
studying the scriptures,  
prayer, fasting, regularly  
attending worship, healthy  
living, and sharing our  
faith with others**

*Be Ready*



# **Individual Works of Mercy**

*Be Ready*



**doing good works, visiting  
the sick, visiting those in  
prison, feeding the hungry,  
and giving generously to  
the needs of others**

*Be Ready*

A knight's helmet and sword are shown on a stone wall. The helmet is silver and has a visor. The sword is black and has a silver hilt. The background is a stone wall with a window in the distance.

# How Can We Be Ready Collectively?

*Be Ready*

# Communal Means of Grace

*Be Ready*





# Communal Works of Mercy

*Be Ready*




**regularly share in the  
sacraments, Christian  
conferencing  
(accountability to one  
another), and Bible study**

*Be Ready*

# Communal Works of Piety



*Be Ready*



**seeking justice,  
ending oppression  
and discrimination  
and addressing the  
needs of the poor**

*Be Ready*

# Communal Works of Piety

*Be Ready*

A person wearing a helmet is riding a motorcycle through a field of rubble and debris. The scene is dimly lit, suggesting a post-disaster or conflict zone. The motorcycle is in the foreground, and the rider is looking towards the left. The background shows more rubble and a building that appears to be damaged.

**“If You Stay  
Ready You  
Don’t Have To  
Get Ready.” -  
Bomani Jones**

*Be Ready*

A medieval helmet with a circular grille on the front and a sword with a black hilt lying on a stone wall. The helmet is made of metal and shows signs of wear. The sword is positioned diagonally across the lower right. The background is a blurred stone wall.

**Next Week...**

*Be Ready*

# Glenwood United Methodist Church

# A Season of Psalms

**PSALM 1**  
BLESSED is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.  
2 But his delight is in the law of the Lord, and in his law doth he meditate day and night.  
3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither, and whatsoever he doeth shall prosper.  
4 The ungodly are not so: they are like the chaff which the wind driveth away.  
5 Therefore shall the ungodly not stand in the judgment of the righteous.  
6 For the Lord knoweth the way of the righteous, but the way of the ungodly shall perish.

**PSALM 2**  
WHY do the heathen rage, and why do the people imagine a vain thing?  
2 The kings of the earth set themselves, and the rulers take

Pastor Leo A. Cunningham  
September 2, 2018



**And all of God's  
people said, "Amen."**



*Be Ready*